



IN TODAY'S PROGRAM:

How do people fall in love? Spotlight looks at the science behind the emotion of love.

DISCUSS!

Begin by introducing yourself to your group. Each person should say his or her name.

1. Do you believe in love at first sight?
 - a. If **yes**, do you think it is "real" love? If **no**, why not?
 - b. Share a story of someone from your life where people fell in love at first sight. If you cannot think of any, share a story from a book or film.
2. Scientists say that one of the reasons that people are attracted to each other is their hormones. What do *you* think makes someone attracted to another person?
3. Together, read lines 33-39 out loud. (**Club Leader:** *if you have an Online Club, for this, and all following questions, choose just one person to read.*)
 - a. Why do you think questions like these might create an emotional connection?
 - b. Do you ever discuss these types of questions with anyone? If so, who and when?
 - c. Do you think it would be good to talk about these kinds of questions with people? Why or why not?
4. Together, read lines 61-62 out loud.
 - a. How do you think love can be an action?
 - b. What do people *do* to show love?
 - c. Do you think doing these things is important? Why or why not?
5. Forming close relationships usually takes time and energy.
 - a. Why do you think it takes time? What happens in that time?
 - b. Do you think that it is possible to feel closer in less time? If so, how?
6. Together, read lines 69-71 out loud.
 - a. Do you think love can be explained? Why or why not?
 - b. What do you think it means to "shape" love?
 - c. How do you think people do this in their relationships?

TIPS FOR VOLUNTEERS: Do not do all of the talking. Encourage your group to speak in as much English as possible.